



connectedhorse

equine guided memory support programs



A NEW APPROACH TO ACTIVATION

Founders Nancy Schier Anzelmo, MSG, and Paula Hertel, MSW, are experts in dementia support programs and older-adult services. They are also lifetime equestrians. They recognize the value of early interventions and believe that supporting people through guided exercises with horses will strengthen primary bonds and activate engagement.

RESEARCH BASED

Connected Horse has collaborated on two research studies with Stanford University and the University of California, Davis to assess impacts of the program. Participants in both studies reported increased feelings of social support, greater self-awareness, reduced anxiety and depression, and improved sleep.



Connected Horse helps people affected by memory loss and their care partners through therapeutic equine programs.

Over 6.7 million Americans living with dementia and memory loss often struggle with a sense of disconnection. Feelings of loss, apathy, and isolation are common for care partners too. Connected Horse equine-assisted workshops and training inspire connection and engagement and improve the lives of those impacted by dementia and memory loss.

"For the moment, we let go of our worries and enjoyed being together. All week, I thought about the calm and confidence I felt while grooming the horses. I remembered to breath."

—workshop participant

WORKSHOPS

Connected Horse workshops enrich lives and help people feel calmer, more engaged, and connected through guided programs with horses that all take place on the ground (there is no riding). Participants report a greater sense of control and improved relationships. The invaluable workshops are free of charge.

"The smile on my mom's face and the joy that emanated from her was absolutely priceless."

—workshop participant

CONNECTED HORSE TRAINING INSTITUTE

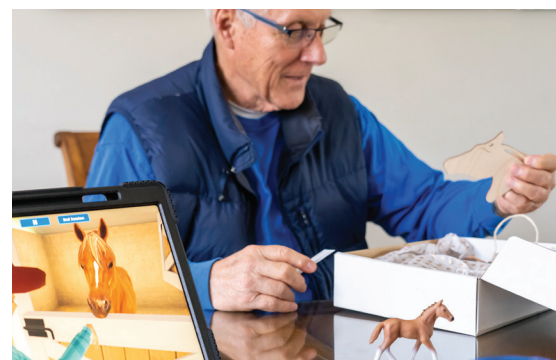
The organization brings the therapeutic power of equine connection to people nationally by offering an in-depth training program to barns and training facilities who want to facilitate Connected Horse workshops. The training includes onsite and virtual training, 16 hours of PATH CEU's, supportive educational resources, coaching, evaluation tools, and recertification.

"Participants tell us that they feel alive again, they feel empowered to do things and want to move forward."

—Nancy Schier Anzelmo, Co-Founder

BARN AT-HOME

Connected Horse offers exercises and tools to engage and empower participants at home and adult care centers. The Virtual Barn and Sensory Engagement Kits create a virtual "day at the barn" for participants with advancing dementia who can no longer attend workshops in person or for those who want additional tools to support mindfulness.



GET INVOLVED

Attend a workshop

Volunteer

Donate to reach more people with our FREE workshops

LEARN MORE

info@connectedhorse.org

(669) 245-6347